



Errinrung

Retirement Community



Christmas Tea

On November 24th, 2018 from 2:00 to 4:00pm, Errinrung Long Term Care and Retirement Community will be hosting their Annual Family Christmas Tea. Please come join your loved one for great food and entertainment and help the residents decorate their large tree.

This is a great event to get the community together with the Residents of our home.

We look forward to seeing everyone again this year. Just a reminder to RSVP no later than Wednesday, November 15 to either Alannah Ranger, Retirement Home Manager at ext 4.

This ensures us that there will be enough food available.





It is that time of year again! The residents will be decorating the Christmas Trees in the Retirement Home on November 19th, 21st and 22nd.

Please come and make this a fun and exciting experience with your loved ones.



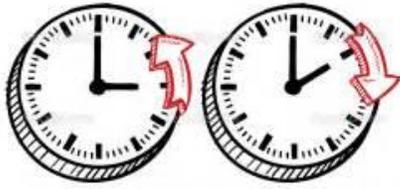
In Flanders fields the poppies blow
 Between the crosses, row on row,
 That mark our place: and in the sky
 The larks still bravely singing fly
 Scarce heard amid the guns below.
 We are the dead: Short days ago,
 We lived, felt dawn, saw sunset glow,
 Loved and were loved: and now we lie
 In Flanders fields!
 Take up our quarrel with the foe
 To you, from failing hands, we throw
 The torch: be yours to hold it high
 If ye break faith with us who die,
 We shall not sleep, though poppies grow
 In Flanders fields

Many people wear artificial poppies on their clothes in the weeks before Remembrance Day. Red poppies symbolize the memory of those who died and white poppies campaigns for non-military interventions in conflict situations. On November 11, special church services are organized. These often include the playing of "The Last Post", a reading of the fourth verse of the 'Ode of Remembrance' and two minutes silence at 11:00 (or 11am). After the service, wreaths are laid at local war memorials.

The official Canadian national ceremonies are held at the National War Memorial in Ottawa, Ontario, according to a strict protocol. A service is held and wreaths are laid by armed services representatives. In May 2000 the remains of a Canadian soldier who died in France in World War I, but was never been identified, were laid in the Tomb of the Unknown Soldier at the National War Memorial.

Since then, members of the public have laid poppies, letters and photographs on the tomb. Similar services and events are held throughout Canada. Some schools that are open on Remembrance Day hold special assemblies, lessons and presentations on armed conflicts and those who died in them.





DAYLIGHT SAVINGS



On Sunday, November 4th, the official Daylight Savings Time, which began back on March 12, will come to an end. This means that at exactly 2:00 AM, you should roll your clock back to 1:00 AM, effectively giving yourself another hour in the night.

This is just a reminder to all family members in regards to Medication in the Retirement Home. Residents that have their medication administered by the staff are not allowed to have separate supplies in their room for safety purposes. Only residents who self administer may keep their own medication.

If you have any questions in regard to our policy, please speak with Alannah Ranger, Retirement Home Manager.

If you need us....

- **Jenny Allison** – Executive Director ext. 5
- **Dona Kurian**–Director of Care/ RAI Coordinator ext. 3
- **Kerry Baker**– Business Office Manager ext. 7
- **Alannah Ranger** – Retirement Home Manager ext. 4
- **Jessica McQueen/Kristina Marquis** – Program Services Manager ext. 6
- **Ryan Gillespie**– Food Services Manager ext. 227
- **Michelle Wilson** – Restorative Care Coordinator /Resident Services Coordinator Day ext. 221
- **Debbie Alexander** – Resident Services Coordinator Evenings ext. 221
- **Christine Foubert** – Ward Clerk ext. 1



Horoscopes

The two signs associated with the month of November are Scorpio and Sagittarius. People born from November 1st to November 22nd are members of the Scorpio sign. A Scorpio can be identified by their success-driven and resilient nature. For those born from November 23rd to November 30th, they are members of the Sagittarius zodiac sign. As the Sagittarius often has an appreciation for life's finer things, members of the sign can be identified by their animated and hardworking nature.



SAGITTARIUS



Wishing you
happiness
To welcome each
morning.
Wishing you
laughter
To make your
heart sing.
Wishing you
friendship and
sharing
And caring.
And all of the joy
A Birthday can
bring

**All the staff at Errinrung
Retirement Community would like
to wish all of our November babies
a very HAPPY BIRTHDAY this
month!!!**

