Errinrun	g S/S MENU 2021 -	WEEK 1		DATE:	May 24 - 30, 2021	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
24	25	26	27	28	29	30
			Breakfast			
Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice
Strawberries	Banana Half	Mandarin Oranges	Blueberries	Honeydew Melon	Banana Half	Cantaloupe Chunks
Oatmeal	Cream of Wheat	Cinnamon Oatmeal	Oatbran Cereal	Oatmeal	Cream of Wheat	Cinnamon Oatmeal
Hard Boiled Egg	Poached Egg	Scrambled Eggs	Hard Boiled Egg	Poached Egg	Fried Egg	Egg & Bacon
Raisin Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	English Muffin
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Peanut Butter	Yogurt	Peanut Butter	Yogurt	Peanut Butter	Peanut Butter	Peanut Butter
Whole Wheat Toast	Fruit Extreme Muffin					Whole Wheat Toast
	BBQ LUNCH		Lunch			
Garden Vegetable Soup	Tomato Juice	Chicken Noodle Soup	Vegetable Barley Soup	Cr of Potato & Leek Soup	Turkey & Wild Rice Soup	Cream of Chicken Soup
Macaroni & Cheese	Beef Burger on White Bun	English Style Fish	BLT Salad with Tempura Chicken Bites	Turkey Sandwich w/Aioli	Perogies Casserole	Tuna Salad
Stewed Tomatoes	Ketchup/Mustard/Relish	Tartar Sauce	Wheat Roll	Spring Mix Lettuce Salad	Prince Edward	Chickpea Vegetable Salad
Apple Cobbler	Greek Salad	French Fries	Chilled Diced Peaches	Mandarin Oranges	Whole Wheat Bread	Wheat Roll
Egg Salad	Ice Cream	Coleslaw	Ham & Cheese Omelet	Belgian Waffle	Beef Ribette on Cheesy	Chilled Diced Pears
					Garlic Toast	
Black Bean Corn Salad	BBQ Sausage on a Bun	Fruit Cocktail	Buttered Corn	Vanilla Greek Yogurt	Caesar Salad	Weiners & Beans
Croissant	Broccoli Salad	Deli Meat Salad Plate	Cheddar & Chive Biscuit	Fresh Fruit Salad	Chilled Tropical Fruit	Sauteed Pepper & Onion
Crushed Pineapple	Dcd.Fresh Watermelon	Whole Wheat Roll	Rice Pudding	Frosted Brownie	Raspberry Mousse	Cornbread
		Creme Caramel				Chocolate Ice Cream Bar
			Dinner			
Battered Cod Fillet	Sweet & Sour Chicken	Cowboy Steak & Gravy	Honey Garlic Ribs	Red Pepper Garlic Fish	Tandoori Chicken	Roast Turkey & Gravy
Mashed Potatoes	Fluffy Rice	Baked Potato & Sour	Mashed Potatoes	Oven-Browned Potatoes	Fluffy Rice	Whipped Potatoes
Balsamic Brussels	Asian Vegetables	Sliced Carrots	Scandinavian Vegetables	Green Peas	California Vegetables	Turnips & Carrots Mash
Chilled Diced Pears	Cantaloupe Chunks	Chilled Apricots	Fresh Apple Slices	Mango	Fresh Grapes	Fresh Watermelon
Pork Chop & Mushroom Sauce	Baked Ham in Pineapple	Orange Ginger Turkey	Spaghetti & Tomato Sauce	Meatloaf & Gravy	Swiss Veal Cutlet	Meat Lasagna
Butternut Squash	Scalloped Potatoes	Fluffy Rice	Parslied Cauliflower	Summertime Vegetable Blend	Herbed Potatoes	Mixed Green Italian Salad
Lemon Chiffon	Green Peas	Whole Green Beans	Pineapple Upside Down Cake	Macaroon Madness Bar	Wax Beans with Red & Green Peppers	Homemade Apple Pie
	Strawberry Shortcake	Chocolate Cake Roll	Carc		Carrot Cake	



Errinrung	g S/S MENU 2021	- WEEK 2		DATE:	May 10 - 16, 2021	L
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10	11	12	13	14	15	16
			Breakfast			
Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice
Fruit Cocktail	Banana Half	Chilled Tropical Fruit	Cantaloupe Chunks	Sliced Strawberries	Banana Half	Chilled Diced Pears
Oatbran Cereal	Oatmeal	Cream of Wheat	Cinnamon Oatmeal	Oatbran Cereal	Oatmeal	Cream of Wheat
Scrambled Eggs	Hard Boiled Egg	Scrambled Eggs	Poached Egg	Hard Boiled Egg	Fried Egg	Scrambled Eggs & Bacon
Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Raisin Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Peanut Butter	Peanut Butter	Vanilla Yogurt	Peanut Butter	Peanut Butter	Peanut Butter	Peanut Butter
Banana Muffin		Cinnamon Bun	Whole Wheat Toast		Toasted English Muffin	
	BBQ LUNCH		Lunch			
Tomato & Mac Soup	Tomato Juice	Cream of Celery Soup	Turkey Rice Soup	Cr of Mushroom Soup	Italian Wedding Soup	Fiesta Chicken Chowder
Captain Burger	Cheeseburger on a Bun	Cheese & Bacon Chicken	Meatlovers Pizza	Turkey Cranberry	Cottage Cheese & Fruit	Pancakes & Syrup
	cheesesurger on a sun	Bites	14164110461311224	Sandwich on Bun	Salad Plate	Tancakes & Syrup
Green Peas, Cheese & Bacon Salad	Rainbow Coleslaw	Poutine French Fries	Spring Mix Lettuce Salad	Chickpea Vegetable Salad	Blueberry Oatmeal Muffin	Vanilla Yogurt
Orange Sections	Ice Cream Sandwich	Mixed Salad with French Dressing	Fruit Cocktail	Mandarin Oranges	Caramel Apple Slices	Strawberries & Rhubarb Compote
Sliced Ham Sndw on Rye	Hot Dog on White Bun	Summer Peaches & Cream Dessert	Egg Salad Sandwich	Beef Taco Salad	Chicken & Leek Pot Pie	Chilled Diced Peaches
Tossed Ranch Salad	Caesar Salad	Pasta and Salad Plate	Marinated 4 Bean Salad	Cornbread	Italian Mixed Vegetables	Salmon Salad on Croissant
Tapioca Pudding	Fruit Extreme Muffin	Wheat Roll	Maple Swirl Ice Cream	Tiramisu Mousse	Whole Wheat Bread	Dill Cucumber & Red Onion Salad
	Fresh Watermelon	Crushed Pineapple			Rice Pudding	Pistachio Ice Cream Bar
			Dinner			
Country Style Fried			Creamy Dijon Chicken &	Mediterranean Glazed	Honey Marinated Pork	
Chicken	Ginger Roast Pork	Salisbury Steak & Gravy	Mushrooms	Haddock	Loin	Roast Beef & Gravy
Garlic Mashed Potatoes	Herbed Potatoes	Paprika Potatoes	Fluffy Rice	Mashed Potatoes	Au Gratin Potatoes	Mashed Potatoes
Calico Corn	Florentine Veg Mix	Scandinavian Vegetables	Broccoli Florets	Seasoned Spinach	Summertime Vegetable Blend	Seasoned Green Beans
Honeydew Melon	Chilled Diced Peaches	Mango	Chilled Apricots	Chilled Apple Slices	Fresh Grapes	Chilled Tropical Fruit
Swedish Meatballs	Teriyaki Turkey	Sole w/Lemon Pepper	Hawaiian Ham	Farmers Sausage	Veal Steak	Chicken Kiev
Buttered Egg Noodles	Fluffy Rice	Balsamic Brussels Sprouts	Scalloped Potatoes	Sauteed Pepper & Onion	Hunter Sauce	Whipped Squash
Cocktail Vegetables	Garlic Mushrooms	German Chocolate Cake	Niagara Mix Vegetables	Lemon Pudding Cake	Cauliflower	Cherry Pie

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	Chocolate Mousse	Caramel Cheesecake		Blueberry Crisp	Black Forest Cake		

Notes: Bread, margarine and/or crackers offered at lunch & dinner. Coffee, tea, water, milk offered at each meal & nourishment If resident chooses not to drink milk, offer 100% fruit juice (Total milk offered daily=1 Liter)

Errinrung S/S MENU 2021 - WEEK 3

Errinrun	g S/S MENU 2021	- WEEK 3		DATE:	May 17 - 23, 202	1
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
17	18	19	20	21	22	23
			Breakfast			
Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice
Blueberries	Banana Half	Chilled Diced Pears	Fruit Cocktail	Chilled Apricots	Banana Half	Chilled Diced Peaches
Cinnamon Oatmeal	Oatbran Cereal	Oatmeal	Cream of Wheat	Cinnamon Oatmeal	Oatbran Cereal	Cream of Wheat
Hard Boiled Egg	Scrambled Eggs	Poached Egg	Hard Boiled Egg	Scrambled Eggs	Fried Egg	Scrambled Eggs & Bacon
Whole Wheat Toast	Whole Wheat Toast	Raisin Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Peanut Butter	Vanilla Yogurt	Peanut Butter	Peanut Butter	Peanut Butter	Peanut Butter	Peanut Butter
	Cinnamon Bun	Whole Wheat Toast			Toasted English Muffin	
	BBQ LUNCH		Lunch			
Turkey Vegetable Soup	Tomato Juice	Broccoli Cheese Soup	Barley Beef Soup	Cream of Tomato Soup	Chicken Rice Soup	Cr of Vegetable Chowder
Fish 'n Chips	BBQ Beef Ribette on Bun	Cottage Cheese & Fruit	Turkey Sandwich	Grilled Cheese	Bologna Sandwich	Cod Nuggets
Tartar & Coleslaw	Ketchup/Mustard/Relish	Bran Muffin	Fresh Watermelon	Salad with Balsamic	Ketchup & Mustard	Tartar Sauce
Cantaloupe Chunks	Carrot Raisin Salad	Honeydew Melon	Hot Dog on a Bun	Mango	Creamy Cucumber Salad	French Fries
Tortellini Pasta w/ Red Pepper Pesto	Strawberry Shortcake	Grilled Corned Beef & Swiss Sndw	Broccoli & Cauliflower Salad	Hawaiian Chicken Salad	Caramel Crunch Bar	Caesar Salad
Garlic Bread	Grilled Chicken Sandwich	Ketchup/Mustard	Greek Salad	Dill Potato Salad	Quiche Florentine	Mandarin Oranges
Mixed Green Salad	Garlic Mayo	Marinated Cucumbers	Jellied Jewels	Wheat Roll	Sliced Carrots	Ham Salad on a Croissant
Pineapple Custard	Lettuce Tomato Salad	Chocolate Mousse	with Whipped Topping	Summer Berries &	Whole Wheat Bread	Four Bean Salad
	Ice Cream		11 11 0	Cream Dessert	Crushed Pineapple	Tapioca Pudding
			Dinner			<u> </u>
Honey Garlic Glazed Chicken	Steamed Cod & Caper Lemon Butter	Crunchy Ranch Chicken	Tender Philly Steak	Broiled Salmon	Pork Roast	Baked Chicken with Chalet Sauce
Scalloped Potatoes	Whipped Potatoes	Roasted Potatoes	Au Gratin Potatoes	Hollandaise Sauce	Rosemary-Orange Sauce	Garlic Mashed Potatoes
Brussels Sprouts	Whole Green Beans	Broccoli Florets	Candied Carrots	Mashed Potatoes	Roast Potato Medley	Italian Vegetables
Mandarin Oranges	Apricot Apple Blend	Crushed Pineapple	Orange Sections	Oregano Green Beans	Peppers & Onions	Deluxe Fruit Salad
Sweet & Spiced Ham	Turkey Stir Fry	Pork Drummies	Vegetable Lasagna	Fresh Grapes	Honeydew Melon	Spaghetti & Meat Sauce
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Buttered Corn	Fluffy Rice	Summertime Vegetable	Tossed Salad & Italian	Beef Shepherd's Pie	Veal Schnitzel	Garlic Bread
Triple Chocolate Cake	Asian Vegetables	Apple Crisp	Van Caramel Swirl Cake	California Vegetables	Broccoli Florets	Mixed Salad with French
Tiple chiesolate cane	7 15.5 1 58.5		and caramer sum cane	24	2.0000	wiikeu Salau With French

Cherry Cheesecake	Choc Ice Cream Bar	Tripleberry Crumble	Chocolate Mint Pie
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Notes: Bread, margarine and/or crackers offered at lunch & dinner. Coffee, tea, water, milk offered at each meal & nourishment If resident chooses not to drink milk, offer 100% fruit juice (Total milk offered daily=1 Liter)