



Errinrung

**Long Term Care Home
October - 2021**



Happy Fall Everyone! As the leaves are starting to fall , our department is gearing up for Halloween! There are lots of great musical entertainers in the month of October so be sure to check out our calendar! We also have three bus trips in October to check out the fall leaves and have a short stop at Timmies to warm our bones! On October 20th we also have a 50's themed soda jerk shop complete with music, poodle skirts and A & W burgers and sodas! October 22nd we have a wildlife group coming in with various animals for our residents to enjoy; feel free to tag along if this is something that interests you! We would also like to wish everyone a Happy thanksgiving, may your holiday be filled with love and cheer!

My Wishes

“My Wishes” is an opportunity for our residents to think about what is important to them living today and what is important to them as they journey through the end of their life. After six week admission programs staff will assist residents in starting these discussions and have them complete a My Wishes assessment. During this newly developed assessment programs staff facilitate conversations though using cards for the residents. For example: “To know my diagnosis or health ailments and how my body will change”- the residents either select important or not important and that will be recorded in your loved ones careplan. We will then discuss the residents My Wishes with you at their care conference. It is important to note that these are the residents wishes not the families and we will not complete assessments with family members we will just review them. Loved ones who are not cognitively capable of completing the my wishes will not be asked to do the assessment. If you have any questions please reach out to Kristina in programs!





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Puppet Show!



Back in September programs staff arranged to have one of our retirement residents perform a puppet show. This resident is a puppeteer and has performed many places in her lifetime! The puppets were handmade antique puppets from India! The residents really enjoyed this show 😊

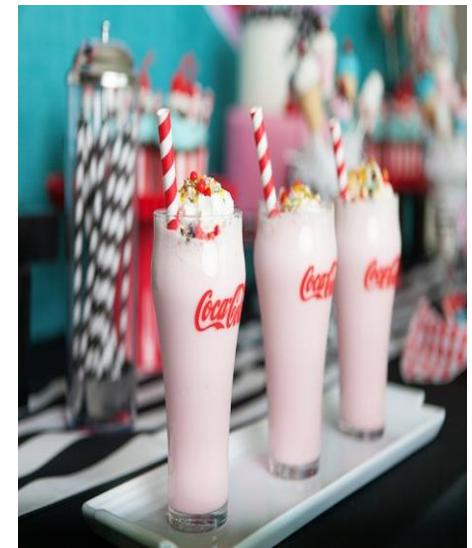
Email and Skype

If you would like to email or skype your loved one, please feel free to contact Kristina at 519 599 2737 ext. 6 Or email kmarquis@southbridgecare.ca

The programs department would love to help our residents connect with members of their family.

Soda Jerk Shop!

We are having our first ever soda jerk shop on October 20th at 2:00pm. The staff will be dressed in 50's outfits and we will enjoy pops, A&W burgers and music! If you have an outfit that you would like to lend to staff or residents please contact Kristina in programs at ext. 6



OUR VISION

Bridging Lives together with meaning and purpose

OUR MISSION

"To provide quality care and services through excellence and innovation".

- L- Live life to the fullest
- I- Implement change through innovation
- V- Value freedom of choice
- E- Exceed Expectations

Christmas Tea

It already almost that time of the year again! Please join us on November 27th, 2021 to have a tea and enjoy some entertainment with your loved one! If you are interested in coming please RSVP to Kristina in programs by Nov 15th, 2021. Kristina can be reached at 519 599-2737 ext 6.

UPCOMING EVENTS

- October 5th- Resident Council
- October 6th- Music with Michael Semenuk
- October 7th- Fall Corn Roast
- October 10th- Happy Anniversary Betty and David!
- October 10th- Happy Anniversary Joan and Tom!
- October 11th- Happy Thanksgiving
- October 12th- Ontario Apple Tasting
- October 13th- Music with the Golds
- October 15th- Music with Jim and Mary Lang
- October 18th, 19th, and 21st – Bus Trip Fall Leaves!
- October 20th- Soda Jerk Shop!
- October 22nd- Speaking of Wildlife
- October 26th- Pumpkin Carving Contest
- October 29th- Costume Stroll
- October 31st- Happy Halloween!



Let's use your favorite recipes!

Here is your opportunity to have your favorite dishes or recipes incorporated in our menu cycle. If you have a favorite family recipe that you would like us to replicate please see Kristina Marquis in programs for more details 😊



If you need us...

Leanne Haynes

Executive Director

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Kerry Baker

Business Office Manager

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Dona Kurian

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Kristina Marquis

Programs Manager

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Allison Hood

Dietary Manager

Ext.1 or ahood@southbridgecare.ca

Debbie Alexander

Retirement Manager

ext. 4 or dalexander@southbridgecare.ca



October Birthdays

- October 4th- Fiorelle B
- October 9th- Howie W
- October 26th- Mary M
- October 28th- Joanna M

Perception and Dementia

What is perception?

Information from the sense organs, for example the eyes or ears, travels to the brain. The brain processes this information, to understand it. The brain then analyses it alongside other information already in the brain, such as thoughts and memories and their associated emotions. Then the person becomes aware of what has been sensed (perceived). How can dementia affect perception? Dementia can interrupt or slow this process down, which changes how a person understands the world around them. Damage to the eyes or parts of the brain may cause misperceptions, misidentifications, hallucinations, delusions and time-shifting. People with perception problems may find comfort being closer to the floor; we have residents at Errinrung that experience this. If you see someone on the floor and tell the nurses and they leave them down do not think we are being neglectful. Some residents simply put themselves on the floor as it feels more safe and comfortable for them. These residents lower themselves safely to the floor and will stand up without assistance when they want to. Just wanted to give everyone a heads up about this as sometimes it seems concerning.

What is Palliative Care?

Palliative care is specialized medical care for people living with a serious illness. This type of care is focused on providing relief from the symptoms and stress of the illness. The goal is to improve quality of life for both the patient and the family.

Palliative care is provided by a specially-trained team of doctors, nurses and other specialists who work together with a patient's other doctors to provide an extra layer of support. Palliative care is based on the needs of the patient, not on the patient's prognosis. It is appropriate at any age and at any stage in a serious illness, and it can be provided along with curative treatment. At Errinrung we like to notify staff, families and residents if someone is currently receiving palliative care or end of life care measures. If you see a dove on someone's door that signifies they will be receiving palliative care or end of life care measures. Please be mindful when seeing this symbol, lower your voices and respect the resident and families space. If you see an angel on the door please taken in to consideration the same things as it means a resident has passed away. Thank you for your consideration ☺

Hairdressing Services

We have had lots of questions regarding hairdressing services at Errinrung. As we continue to recruit a regular hairdresser, Marion's studio will be helping us out in the meantime. Due to the high volume of hairdressing needs at both the salon and Errinrung they are only able to come in every 6 weeks to do the residents hair. If you have signed a contract to have your loved ones hair done they are on the list. That being said they are not able to get through every resident every time so if they miss your loved one they will be on the list the next time. Marion's will be here next Oct 4th, 2021

